







## The Ultimate Summer Adventure

-  **Ages:** 10-15 years
-  **Location:** Endure Fitness, Zabbar/Xghajra ([Click here for Google Maps](#))
-  **Dates:** Tuesday 8th July - Thursday 4th September 2025 (8 weeks)
-  **Time:** 9:00 AM - 1:00 PM  
(Optional early drop-off & late pick-up (8:00 AM & 2:00 PM))  
All in a fully air-conditioned gym with top-class facilities!




## WHAT IS BASECAMP?

Basecamp Summer Academy is an exciting, adventure-based Summer program designed to inspire kids and teens to explore, develop physical skills, cognitive skills and learn essential life skills, while building lasting friendships.

Just like a real basecamp is the starting point for great expeditions, our program serves as a launchpad for young adventurers to build physical, cognitive, and social skills in a fun and engaging environment.



## WHAT TO EXPECT?

 **Fun Fitness Sessions** - Strength, agility & endurance in a fun way! Think fun fitness sessions, Kids HYROX challenges, obstacle courses, kids yoga and more!

 **Adventure Skills** - Learn outdoor survival skills indoors & put them to the test during epic outings!

 **Arts & Crafts** - Get creative with cool DIY projects!

 **Brain Quest** - Fun puzzles, quizzes, problem-solving & teamwork challenges.

 **Game Zone** - From strategy games to team-building activities!

 **Science Lab** - Hands-on fun experiments!

 **Healthy Corner** - Learn about nutrition & make delicious healthy snacks!

 **Swimming** - Hit the sea for some summer refreshment!

 **Adventure-packed outings** such as hiking, camping simulations, orienteering, treasure hunts, OCR experience etc.





## WEEKLY TIMETABLE

	Session 1 9:00 - 9:45	Session 2 9:45 - 10:30	Session 3 10:30 - 11:15		Session 4 11:40 - 12:25	Session 5 12:25 - 13:00
<b>TUESDAY</b>	Fitness Challenge	Adventure	Science Lab	<b>B R E A K</b>	Yoga	House Project
<b>WEDNESDAY</b>	Adventure	Brain Quest	Fitness Challenge		Arts & Crafts	House Project
<b>THURSDAY</b>	Healthy Corner	Fitness Challenge	Adventure		Game Zone	House Project

**Extra Hours**  
8:00 - 9:00  
ft  
13:00 - 14:00

Fun Games and Team Building Activities

**PLUS!** Adventure-filled outings will replace the scheduled timetable on certain days!

## PRICING PACKAGES

			<b>EXTRA HOURS</b>
<b>3 - DAY WEEK PACKAGE</b>	<b>€450</b>	for 8 weeks	<b>€150</b>
<b>2 - DAY WEEK PACKAGE</b>	<b>€380</b>	for 8 weeks	<b>€100</b>
<b>1 - DAY WEEK PACKAGE</b>	<b>€240</b>	for 8 weeks	<b>€50</b>

### Prices include:

All resources used in regular lessons, Fees + Transport for Outings, 1x BASECAMP T-Shirt,

FOR MORE INFO AND FAQ'S, VISIT:  
[WWW.ENDURE.FITNESS/BASECAMP](http://WWW.ENDURE.FITNESS/BASECAMP)  
 OR CALL MICHELA / RYAN  
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